

## Youth Group Program

## Overview

Youth Group is a social club where youth of all abilities gather together weekly to enjoy sports, crafts, movies and other activities. Youth Group participants participate in recreational activities and during their time develop long term friendships with other youth in their community. Over the summer, the youth plan trips to Canada's Wonderland, Cedar Park, local museums and recreation centers to name just a few.

The group meets on a weekly basis alternating between Uxbridge and Port Perry to engage in social activities within their community. Also, a full day event is planned once each month, on a Saturday. For families the Youth Group provides a type of respite to families and, more directly, transitional support to young adults leaving the school system. This funding provides much needed short term relief to families while engaging youth with an intellectual disability.

Our United Way of Durham Region funding is directed to our Youth Group Program. In fact, the Youth Group is funded entirely by the United Way and would not exist without its help.

Schedules for the group are developed by staff and the youth group participants. Participants then have the opportunity to RSVP to the events in which they are interested in.

## Eligibility

The Youth Group provides opportunities for youth between 14 and 24 years of age

For more information about Youth Group please contact:

Craig Boduch, Team Leader at 905-852-2884 CBoduch@cldn.ca or

Jessica Robinson, Program Manager at 905-985-8511 x. 231, jessica@cldn.ca